

## Return to Play Recommendations for Clearwater AYSO Fall 2020

Adapted from AYSO *Return to Play Guidelines* which can be found here:

<https://www.aysovolunteers.org/returning-to-play/>

Overall Standard Practice:

- **Healthy Participants Only:** Any players, coaches, or spectators who are sick will not be allowed at practices or games. (if temperature above 100.4, do not attend).

Players: as appropriate per the age of the children

- Inform parent if feeling unwell.
- **Wash hands before and after training.**
- Clean all personal equipment after each training sessions (ball, cleats, shin guards, etc.).
- **Do not touch or share anyone else's equipment.**
- Practice social distancing, place bags and equipment at least 6 feet apart.
- **No sharing drinks or use of water fountains at facility** (players should mark their own water bottles).
- **No physical greetings with their teammates, coaches or officials:** handshakes are not permitted; fist bumps/elbow bumps are not recommended.

Parents:

- **Ensure your child is healthy.** Test child's temperature before departing for soccer practice.
- **Parents, and family members will abide by social distancing regulations** and are strongly encouraged to remain inside their vehicles during practice.
- Limit the use of carpools.
- Face masks are recommended.
- **Clearly label your child's water bottle and personal items.**
- Wash your child's clothing after every training/activity (recommendation).
- Sanitize all equipment (ball, cleats, shin guards, etc.) before and after every practice.
- **Notify your coach or AYSO Safety Director immediately if your child or family member becomes ill or has a known COVID 19 exposure or positive test.**
- Do not assist coach with equipment before or after training.
- Check Region and Coach communication regularly.

Coaches:

- Stay positive and create a fun environment in this new normal.
- Coaches will communicate with families ensuring that only healthy participants attend and reiterate expectations and guidelines.
- Coaches should maintain social distancing requirements from players and family members.
- **Wearing a face mask is recommended.**
- Adhere to AYSO Safe Haven guidelines, i.e., 1:8 adult to child ratio; minimum of 2 adults present; no adult alone with children other than their own. Whenever possible, adult of same gender as players should be present.
- **Ensure all players have and handle their own labeled equipment** (ball, water bottle, etc.).
- **Coach should be the only person to handle coaching equipment.** Do not let parents or attendees assist.
  - Coaches will be provided with enough soccer balls for each member of their team to use at practice (*not take home*), training cones, hand sanitizer, and a first aid kit.

- No shared equipment in use.
- **Hand sanitizer on arrival, mid-way, and at the end of events.**
- **No physical greeting of players or officials:** handshakes are not permitted; fist bumps/elbow bumps are not recommended.
- **No throw-ins.** Only kick-ins for all age groups.
- **Serve as first contact for reporting from families if a family member becomes ill with COVID-19, tests positive for COVID-19, or comes in contact with a confirmed case of COVID-19.**
  - Complete and submit AYSO's Incident Report Form to the Region Safety Director immediately, including team roster from day of event.
  - Log who was present at each practice or game. (Keep record and be prepared to share with the Safety Director in the event of an exposure.)

Region:

- **Establish an action plan** to notify adult leaders, youth and their families if the organization becomes aware of a participant developing COVID-19 who came in contact with others during AYSO activities.
- **Maintain participant confidentiality regarding health status.**
- **Face masks recommended for anyone not participating on the field of play.**
  - This includes AR, coaches and spectators.
- Schedule practices with ample space for player distancing.
- **Provide physical guides, to help spectators, coaches and players observe social distancing guidelines.**
  - Social distancing signs on the fields, arcing the spectator line and marking spots for players to place their equipment and sit on sidelines.
- The Region 491 Board will monitor current events in Clearwater and surrounding communities throughout the fall season including any recommendations/mandates from the State of Kansas, The Sedgwick County Health Department and The Sedgwick County Commission.
- Any changes to these recommendations will be communicated with coaches and parents through email. Please ensure your contact information is up to date with your coach.
- Any questions or concerns regarding the safety of players, spectators, coaches or officials can be communicated to [aysoregion491@gmail.com](mailto:aysoregion491@gmail.com).